

Triathlon M (1,5 – 40 -10) de Larmor Plage – 23/08/2015

Rg.	Doss.	Nom Prénom	Rg / Cat	CLUB	Natation 1500		Vélo 40		Km/H	CàP 10		1000m	Total Temps	Points
					Temps	Clit	Temps	Clit		Temps	Clit			
351	130	LE BORGNE Bertrand	164 V2M (22)	LANNION TRIATHLON	0:43:27	387	02:54	1:12:12	331 (+25)	33,24	0:51:56	327 (+11)	05:12	02:47:33,00
352	403	COQUANT Mathieu	164 S4M (20)	MOHAMMEDIA	0:36:23	298	02:26	1:16:01	358 (-47)	31,57	0:55:12	356 (-7)	05:31	02:47:35,45
353	421	CHEVREUL Franck	165 V1M (22)	PLERIN	0:35:29	269	02:22	1:16:23	360 (-69)	31,42	0:55:45	360 (-15)	05:35	02:47:35,75
354	344	GEFFROY Yvon	166 V4M (44)	SAINT HERBLAIN TRIATHLON	0:39:44	354	02:39	1:16:15	359 (-10)	31,48	0:51:45	324 (+10)	05:11	02:47:42,15
355	379	BERLOT Frederique	9 V1F (29)	PLOUGUIN	0:40:23	368	02:42	1:13:49	344 (+13)	32,51	0:53:46	342 (0)	05:23	02:47:56,80
356	381	LETESSIER Jean Francois	167 V4M (56)	PLOUGOUMELLEN	0:36:26	299	02:26	1:15:58	357 (-45)	31,59	0:55:44	359 (-12)	05:34	02:48:07,60
357	449	GRUEL Regis	168 V3M (29)	TAMALOU	0:40:30	373	02:42	1:16:56	365 (+2)	31,20	0:51:30	320 (+14)	05:09	02:48:54,25
358	53	COLAS Sebastien	165 S4M (29)	TEAM CONCARNEAU TRIATHLON	0:34:57	239	02:20	1:11:55	325 (-58)	33,37	1:02:42	377 (-61)	06:16	02:49:32,90
359	19	DARBOIS Jacques	166 S4M (44)	NANTES	0:39:17	350	02:37	1:17:41	369 (-17)	30,89	0:53:49	344 (+8)	05:23	02:50:44,95
360	153	SENECHAL Marc	169 V3M (22)	SAINT BRIEUC TRIATHLON	0:40:24	369	02:42	1:14:20	347 (+11)	32,29	0:56:14	362 (-2)	05:37	02:50:55,90
361	168	LE BRESTEC Yann	170 V2M (56)	PONTIVY TRIATHLON	0:35:53	290	02:24	1:11:53	324 (-17)	33,39	1:03:41	380 (-54)	06:22	02:51:25,50
362	441	DORE Pascal	171 V2M (56)	METI	0:48:01	398	03:12	1:16:33	361 (+16)	31,35	0:47:18	230 (+20)	04:44	02:51:50,60
363	343	GRALL David	167 S4M (44)	SAINT HERBLAIN TRIATHLON	0:38:48	342	02:35	1:19:11	374 (-31)	30,31	0:53:58	347 (+10)	05:24	02:51:55,15
364	63	LETANOUX Mikael	172 V1M (35)	ST GREGOIRE	0:35:22	266	02:21	1:22:19	383 (-106)	29,16	0:54:26	349 (+8)	05:27	02:52:05,00
365	178	DUCLOS Elisabeth	10 V1F (22)	CEPS DINAN ARMOR TRIATHLON	0:34:29	213	02:18	1:19:21	375 (-138)	30,25	0:58:18	367 (-14)	05:50	02:52:06,30
366	283	FILY Bertrand	173 V3M (44)	BEST TRIATHLON SAINT-NAZAIRE P-L	0:37:05	309	02:28	1:15:23	354 (-38)	31,84	1:00:08	373 (-19)	06:01	02:52:34,10
367	86	KERGARAVAT Bruno	174 V3M (56)	TRIATHLE VANNES	0:41:15	379	02:45	1:11:09	316 (+36)	33,73	1:00:30	374 (-24)	06:03	02:52:53,00
368	160	MAHEU BOUZINAC Lenaig	11 V3F (56)	PLOEMEUR TRIATHLON MAHEU B BRE	0:41:11	378	02:45	1:18:35	372 (0)	30,54	0:53:51	346 (+10)	05:23	02:53:35,95
369	60	NOBILET Baptiste	168 S2M (35)	SAINT GREGOIRE TRIATHLON	0:36:40	304	02:27	1:13:51	345 (-24)	32,50	1:04:01	382 (-41)	06:24	02:54:29,95
370	114	BOISARD Damien	169 S2M (56)	WAPITI TRIATHLON CLUB DE LAR BRE	0:48:22	399	03:13	1:17:33	367 (+15)	30,95	0:49:45	285 (+14)	04:59	02:55:38,70
371	161	BERNICOT Marc	175 V4M (56)	PLOEMEUR TRIATHLON	0:40:26	371	02:42	1:16:42	363 (+3)	31,29	0:59:45	371 (-3)	05:59	02:56:51,15
372	335	ELIOT Fabrice	176 V2M (44)	SAINT HERBLAIN TRIATHLON	0:41:08	377	02:45	1:19:39	376 (-2)	30,13	0:56:34	364 (+7)	05:39	02:57:19,45
373	448	SECKLER Valerie	12 V2F (92)	SURESNES	0:45:54	391	03:04	1:19:47	377 (+8)	30,08	0:51:51	326 (+10)	05:11	02:57:30,40
374	222	DERRIEN Laurence	13 V1F (00)	IROISE TRIATHLON	0:46:12	392	03:05	1:12:58	335 (+16)	32,89	0:59:25	370 (+2)	05:57	02:58:33,70
375	355	BOUREAU Cecile	14 V1F (44)	SNLS44	0:34:14	202	02:17	1:22:40	385 (-164)	29,03	1:02:34	376 (-9)	06:15	02:59:26,65
376	407	LARRIEU Didier	177 V3M (35)	RENNES	0:36:30	300	02:26	1:15:56	356 (-46)	31,61	1:07:23	383 (-30)	06:44	02:59:47,55
377	430	POULIQUEN Catherine	15 V2F (29)	SNA FOUESNANT	0:44:13	389	02:57	1:22:14	382 (+4)	29,19	0:53:37	340 (+8)	05:22	03:00:02,70
378	156	GRY Yann	178 V2M (22)	SAINT BRIEUC TRIATHLON	0:37:37	319	02:30	1:21:30	381 (-56)	29,45	1:01:29	375 (-3)	06:09	03:00:35,05
379	428	LAURAT Elisabeth	16 V2F (35)	RENNES	0:43:04	386	02:52	1:25:58	389 (-2)	27,92	0:52:35	329 (+9)	05:16	03:01:35,50
380	69	TEXIER Aude	17 V1F (56)	BKE TRIATHLON	0:48:44	401	03:15	1:20:19	380 (+12)	29,88	0:54:41	353 (+9)	05:28	03:03:41,70
381	340	GAUTIER Christine	18 V3F (44)	SAINT HERBLAIN TRIATHLON	0:44:39	390	02:59	1:22:33	384 (+4)	29,07	0:59:06	368 (+5)	05:55	03:06:16,50
382	425	GUYADER Agnes	19 V2F (29)	SNA FOUESNANT	0:48:43	400	03:15	1:26:04	390 (+9)	27,89	0:51:47	325 (+9)	05:11	03:06:32,50
383	362	BAUWENS Joel	179 V4M (60)	BEAUVAIS TRIATHLON	0:43:54	388	02:56	1:20:07	379 (+7)	29,96	1:03:01	378 (-2)	06:18	03:06:59,40
384	406	HAMARD Ludovic	180 V2M (75)	PUC	0:49:03	403	03:16	1:19:49	378 (+16)	30,07	0:59:10	369 (+3)	05:55	03:08:00,20
385	342	RICHARTE Ronan	181 V5M (44)	SAINT HERBLAIN TRIATHLON	0:46:43	395	03:07	1:24:37	388 (+5)	28,36	1:03:53	381 (+5)	06:23	03:15:11,20